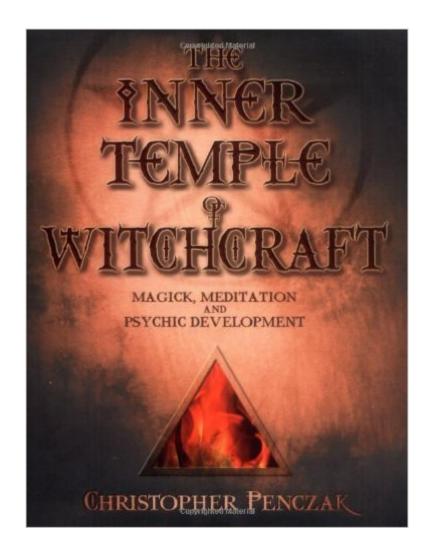
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# The Inner Temple Of Witchcraft: Magick, Meditation And Psychic Development (Penczak Temple Series)





# Synopsis

Explore your Inner Templeâ •your personal sacred space where there are no boundaries and all things are possible. With study, dedication, and practice, the lessons and exercises in this book will empower you to transform the repetitive rigors of the daily grind into a witch's web of magickal experiences. The Inner Temple of Witchcraft is a thorough course of education, introspection, meditation, and the development of the magickal and psychic abilities that are the birthright of the witch. Four introductory chapters present the history, traditions, and principles of witchcraft, followed by thirteen lessons that start with basic meditation techniques and culminate in a self-initiation ceremony equivalent to the first-degree level of traditional coven-based witchcraft. As you progress through this year-and-a-day course of study, you will explore a wide range of topics that support and inform the dedicated witch: Ancient and modern magickal philosophy Modern scientific theories supporting a new definition of reality "Instant" magick techniques for protection, healing, and serenity Energy work and anatomy, including chakras and auras Astral travel, dreams, and spirit guides Healing techniques for body, mind, and spirit This book's non-dogmatic presentation encourages an eclectic, personal approach while providing a strong foundation for the practice of witchcraft and magick. Develop your psychic abilities and practice potent magickal techniques as you explore the source of every witch's powerâ •the temple within. Winner of the 2003 Coalition of Visionary Resources (COVR) Award for Best Magic Book

## **Book Information**

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## **Customer Reviews**

No long intro here, just my reasons for loving this book.1. A book that finally teaches people that psychic development is the bases of ALL "magick." I quote my own teacher here "The moment someone learns and realizes that thought creates they become a magick user."2. Though I am not into wicca, or rather wasn't, this book helped me to become interested becuase3. it had an absolutely wonderful historical, well researched, section on witchcraft and 4. it present numerous wicca traditions/paths. Though not a lot was said about them (around a paragraph each), the author makes it very clear that he is an Eclectic "witch" and that if people want to choose one of the other paths they are welcomed to. They just have to do a little extra research on them. His course does start the beginning foundations for being involved in most any of them.5. His writing is clear, clever, intelligent, and at times funny. It's very rare that I read a text book type of book and can say those things.6. He provides an overview of the Calendar that most Pagans go by without getting into it in a heavy way. This will allow newbies to absorb and understand it and start to ask questions about it, which is the mark of good teaching.7. He does NOT throw ritual magick at you. Based on my understanding it is rare that most covens allows a newbie to practice magick when they first join because of the consequences that could happen when someone does so without knowing what they are doing. Here he teaches how to do "mind magick" or rather what I learned of as psychic development techniques. Even so, it is much safer then some of the more advanced ritualized magical aspects and it's also much easier to understand.8.

I have read a good number of the beginning Wicca books out there, and I reached the point where they were all saying the same thing. This book is an excellent next step. Once you know what a witch is and all the basic stuff, this book helps you experience it all with many meditation exercises. I just finished reading the book, but have not done all the exercises yet. He starts out simple, with meditations like "feeling energy" and "total relaxation." Then he moves on to programming your "instant magick trigger" (to enter a meditative state on the spot, no matter where you are), and mental projection (which is transferring your consciousness to another object, like a crystal, place, time, or even living being). There is a series of meditations on the aura and chakras, and finally several on various forms of simple divinations (by that I mean techniques which don't require much in the way of tools, such as the pendulum and automatic writing) and communicating with your spirit guides. The book is structured like a class. Each chapter builds on previous chapters. In each chapter, there are other tasks in addition to the exercises. Usually they are very simple but powerful, like maintaining a daily journal of your experiences and dreams. He also includes recommended

reading in case you want to research a topic in more depth.One thing I liked very much about this author was his willingness to explain various perspectives and interpretations on different topics. For example, while discussing reincarnation, he described the beliefs of several schools of thought in addition to his own, including Christian, Hindu, and ancient Celtic beliefs. It is nice to read a book where the author does not believe he or she is the top authority in any topic he or she writes about.

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